



Beating Colorectal Cancer: The Value of Total Patient Support

Quality and Inequality of Colorectal Cancer Treatment: The Italian Perspective

Roberto Persiani, MD, FACS

Associate Professor of Surgery
Head of Minimally Invasive Surgical Oncology Unit
Fondazione Policlinico Universitario A. Gemelli, IRCCS - Catholic University of Rome

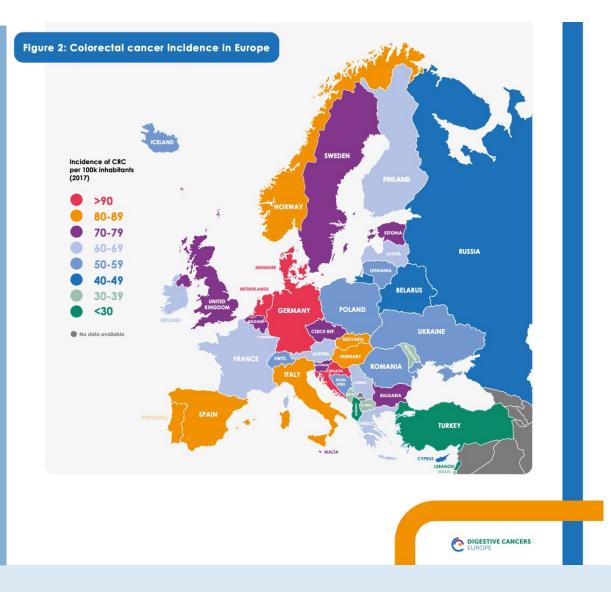
EuropaColon Italia Onlus www.europacolon.it







Colorectal
Cancer Incidence
in EU



Italy: 50.000 /year

10% all new cases in EU







Health System
In Italy

National Health System since 1979

20 Regions20 Regional Health Systems650 local health districts

Italian National Cancer Plan

Regional Cancer Networks









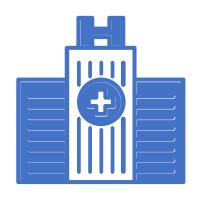
CONFERENZA PERMANENTE PER I RAPPORTI TRA LO STATO, LE REGIONI E LE PROVINCIE AUTONOME DI TRENTO E DI BOLZANO



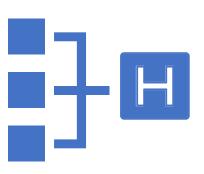


Accordo, ai sensi dell'articolo 4, del decreto legislativo 28 agosto 1997, n. 281, tra il Governo, le Regioni e le Province autonome di Trento e di Bolzano sul documento recante "Revisione delle Linee Guida organizzative e delle raccomandazioni per la Rete Oncologica che integra l'attività ospedaliera per acuti e post acuti con l'attività territoriale".

Repertorio Atti n. 59/CS R del 17 aprile 2019



Comprehensive Cancer Center (CCC)



Hub and Spoke (H&S)



Cancer Care Network (CCN)

Comprehensive Cancer Care Network (CCCN)





Brussels, 3.2.2021 COM(2021) 44 final

COMMUNICATION FROM THE COMMISSION TO THE EUROPEAN PARLIAMENT AND THE COUNCIL

Europe's Beating Cancer Plan

EU Network of CCC

Flagship 5: The Commission will establish, by 2025, an EU Network linking recognised National Comprehensive Cancer Centres in every Member State⁵⁶. It will facilitate the uptake of quality-assured diagnosis and treatment, including training, research and clinical trials across the EU. This cross-border collaboration will improve patients' access to high-quality diagnostics and care and the latest innovative treatments. It can also help with patient mobility to ensure adequate treatment for patients with complex conditions. A new 'EU Cancer Treatment Capacity and Capability Mapping' project will help to map and share the different capabilities and expertise available across the EU.

This action will help deliver higher-quality care and reduce inequalities across the EU, while enabling patients to benefit from diagnosis and treatment close to home. The Cancer Plan aims to ensure that 90% of eligible patients have access to such centres by 2030.







Health System In Italy

10 regional cancer networks only 7 full active

369 hospitals providing cancer care

3 million cancer patients









Roadmap for the Prevention and Treatment of Colorectal Cancer in Europe

The choice of hospital

It is clear from hospital outcomes data that there is a clear-cut association between mortality at one month after surgery and the level of expertise of the hospital in terms of number of patients treated (low and high case load hospitals). A recent report from Germany²⁹ showed that patients with colorectal cancer have a greater chance of survival if they are operated in hospitals with a high case load because complications that can happen after surgery can be better managed in such hospitals³⁰.



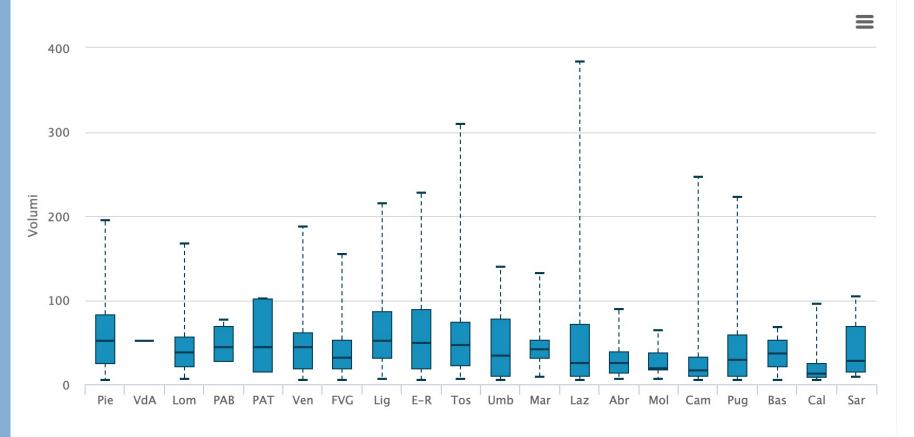




National



Volume of Surgical Procedures for Colon Cancer in Italy - 2018



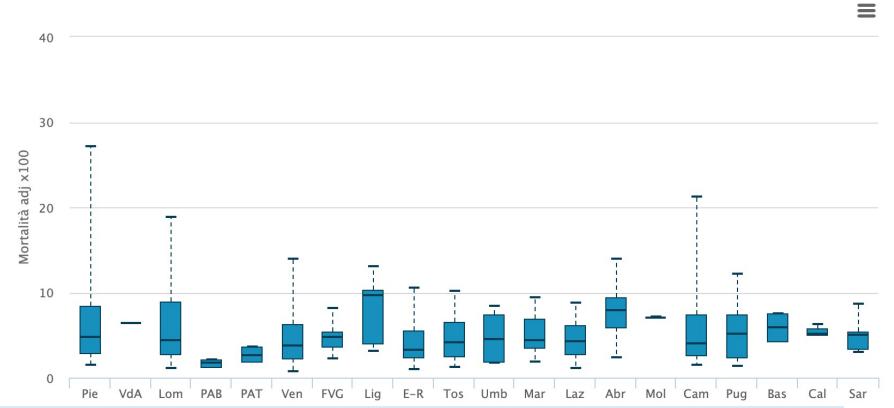




30-Day Mortality after Surgical Resection for Colon Cancer in Italy – 2018

National Variability





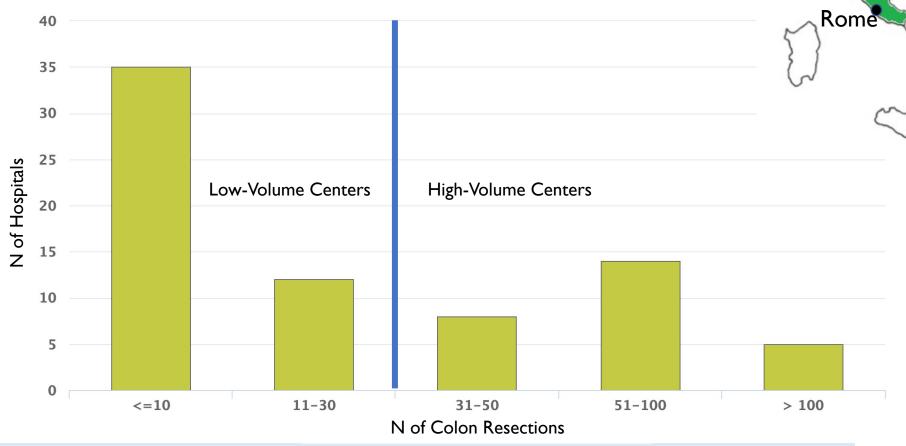






Regional Variability

Volume of Surgical Procedures for Colon Cancer Lazio – 2019



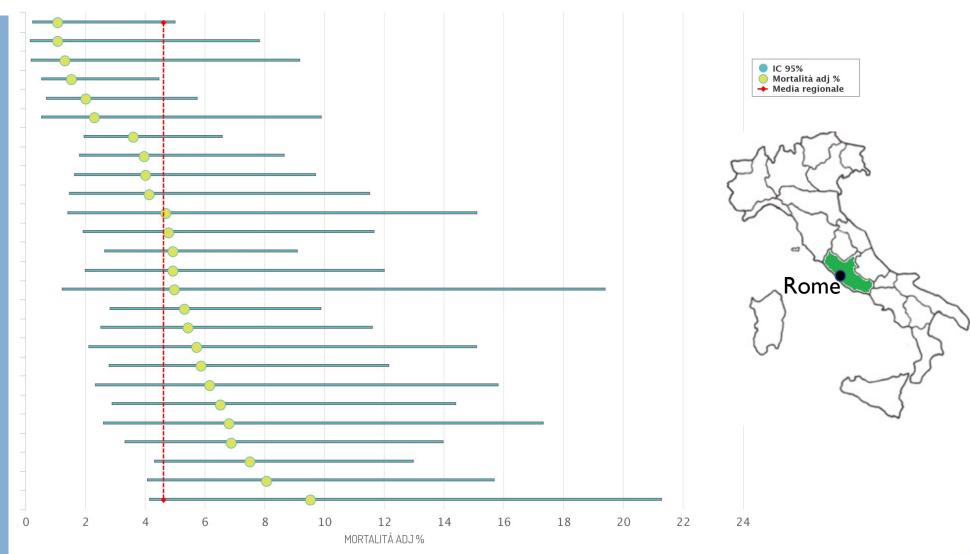






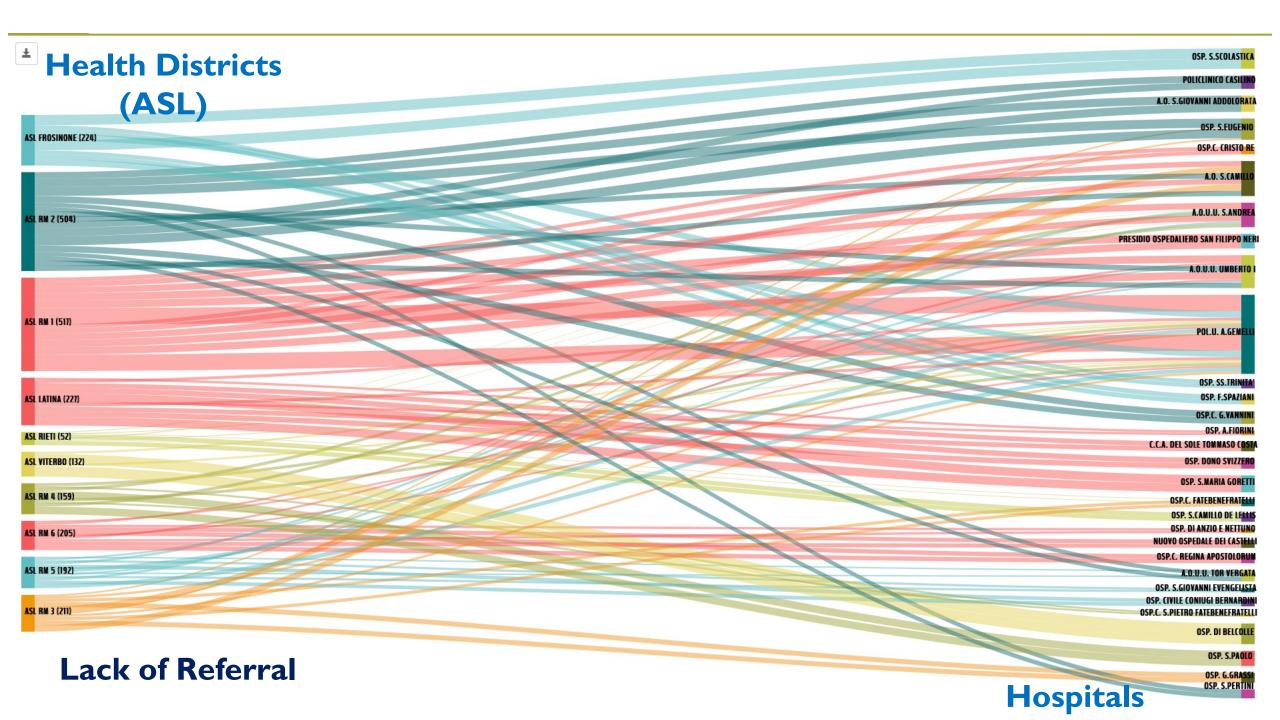
30-Day Mortality







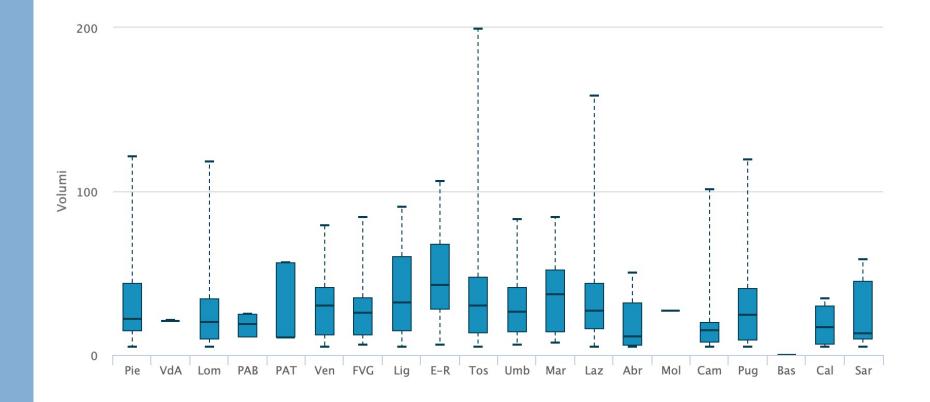






Volume of Surgical Laparoscopic Procedures for Colon Cancer in Italy – 2018

Minimally Invasive Surgery









Enhanced Recovery After Surgery (ERAS)

Since 1997

Clinical
Innovation
in
#colorectalsurgery

Multidisciplinary, Evidence-based interventions in pre-, intra- and post-operative care

Doctor - centered model of care Patient - centered model of care









Evidence

Reduce

MORBIDITY

ERAS
and
#colorectalsurgery

Multimodal
Stress-minimizing
Approach

Shorten

Lenght of Stay

Improve

RECOVERY

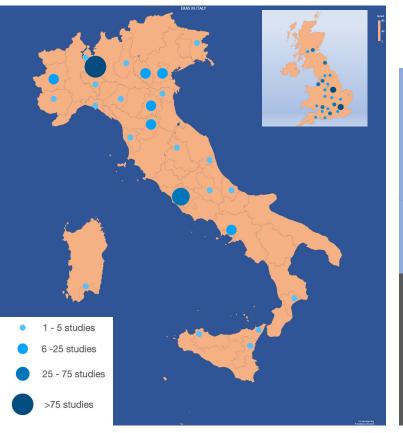


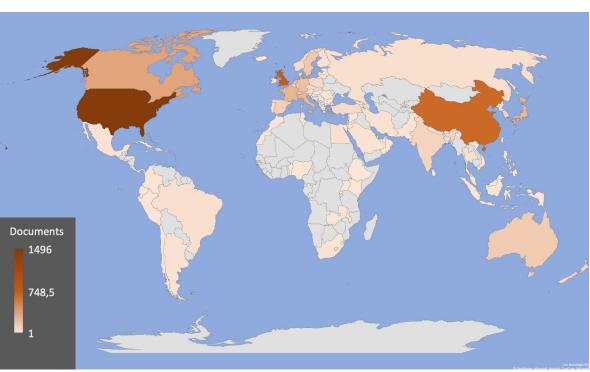




Enhanced Recovery After Surgery (ERAS)

ERAS Program in the World #colorectalsurgery











Personal 5-years experience

788 patients (Jan 2015 - July 2020)

Adherence ≥ 80% in 70.4% of cases

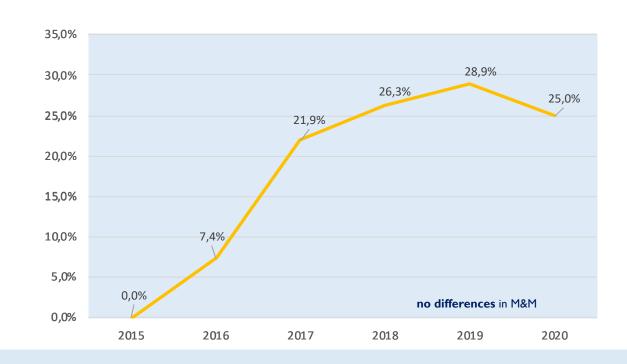
Only major colorectal procedures

with anastomosis

86.3% MIS (Lap, robotics, TaTME)

Median postop **LOS:** 4 days

Early Discharge < 72 hours



Predictors of discharge <72H

- Adherence >80%
- Duration of surgery < 3h
- Post-operative complications
- Resident far from hospital
- ICU stay
- Drain Positioning







Nutrition





NutriCatt protocol in the Enhanced Recovery After Surgery (ERAS) program for colorectal surgery: The nutritional support improves clinical and cost-effectiveness outcomes



Emanuele Rinninella M.D. ^{a,*}, Roberto Persiani M.D. ^b, Domenico D'Ugo M.D. ^b, Francesco Pennestrì M.D. ^b, Americo Cicchetti Ph.D. ^c, Eugenio Di Brino Ph.D. ^c, Marco Cintoni M.D. ^a, Giacinto Abele Donato Miggiano M.D. ^a, Antonio Gasbarrini M.D., Ph.D. ^d, Maria Cristina Mele M.D. ^a

Preadmission (3 weeks before admission) Nutritional counselling; nutritional assessment (NRS 2002, Personalized diet anthropometric measures and BIA) Pre-operative Nutritional re-assesment (anthropometric measures, BIA No solid food after midnight; maltodextrins and clear liquid until 2 hours to intervention and lab tests) Post operative Early oral refeeding: Nutritional re-assesment (anthropometric measures, BIA) clear liquids, phase 0, phase 1 and phase 2 diet Discharge Nutritional re-assesment (anthropometric measures, BIA) Personalized diet One Month out-patient visit Nutritional re-assesment (anthropometric measures, Diet counselling BÌA)







Nutrition

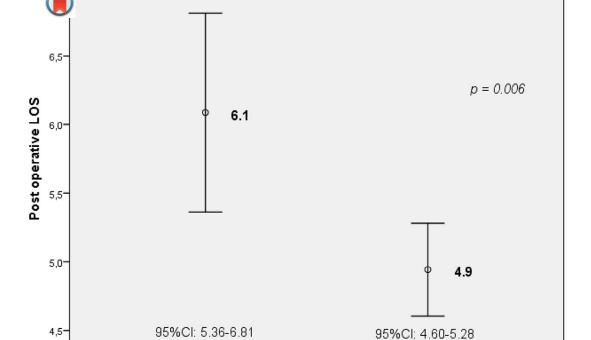




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ERAS





ERAS + Nutricatt



Nutrition

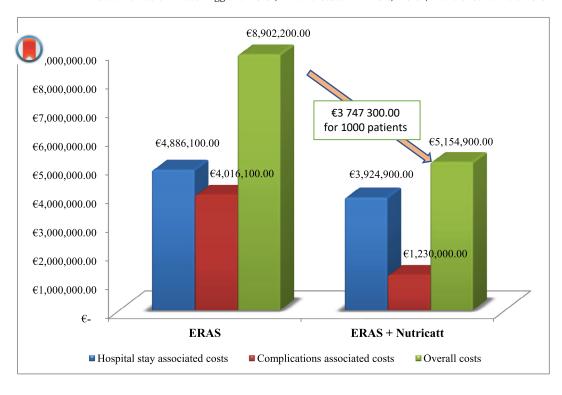




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Deterministic Analisys 1000 patients Scenario

Fig. 3. Cost-effective deterministic analysis for 1000 people undergoing surgery in Enhanced Recovery After Surgery (ERAS) and ERAS + NutriCatt scenarios.







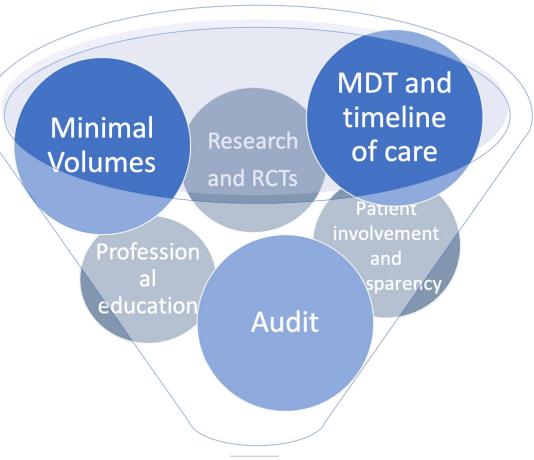
Beating Colorectal Cancer

Quality Cancer Care

Organization of care

Essential requirements

CRC centres/units











Grazie