

Best practices to improve access to screening – sharing experiences across Europe

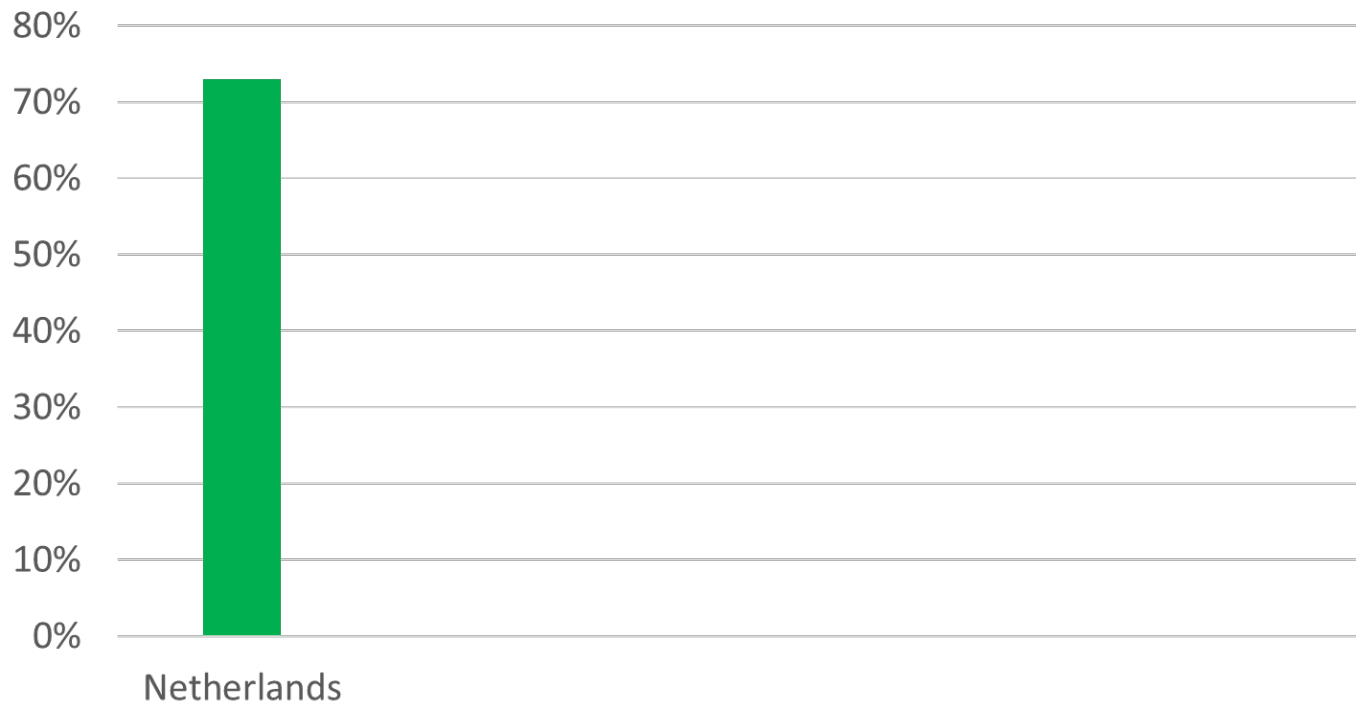
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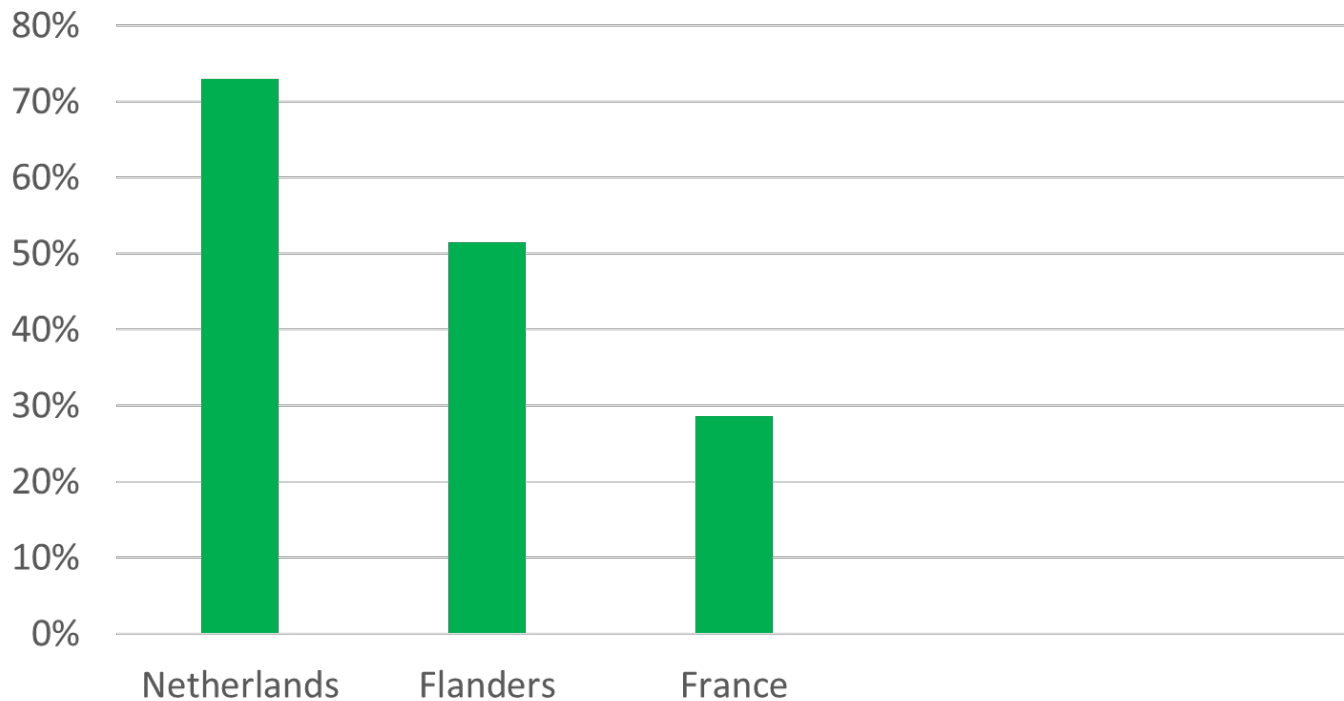
Erasmus MC
University Medical Center Rotterdam



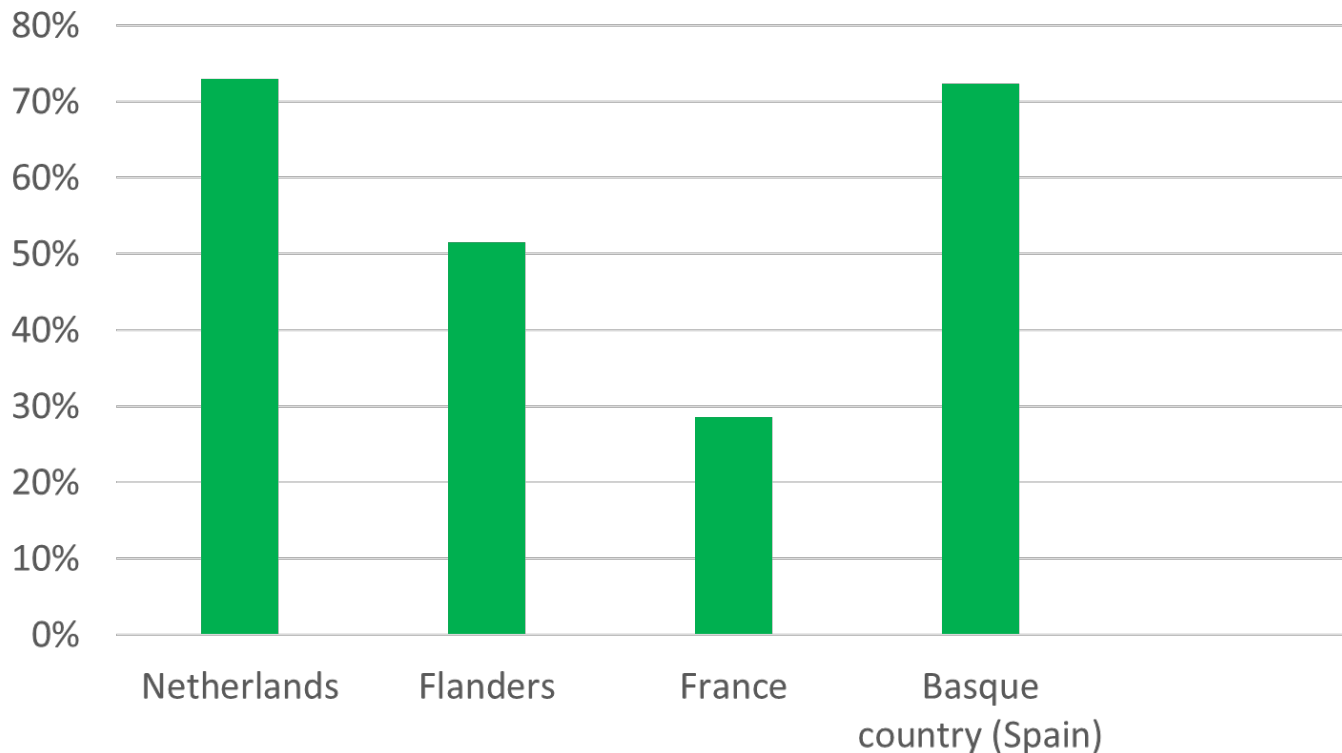
Participation in selected organised programmes



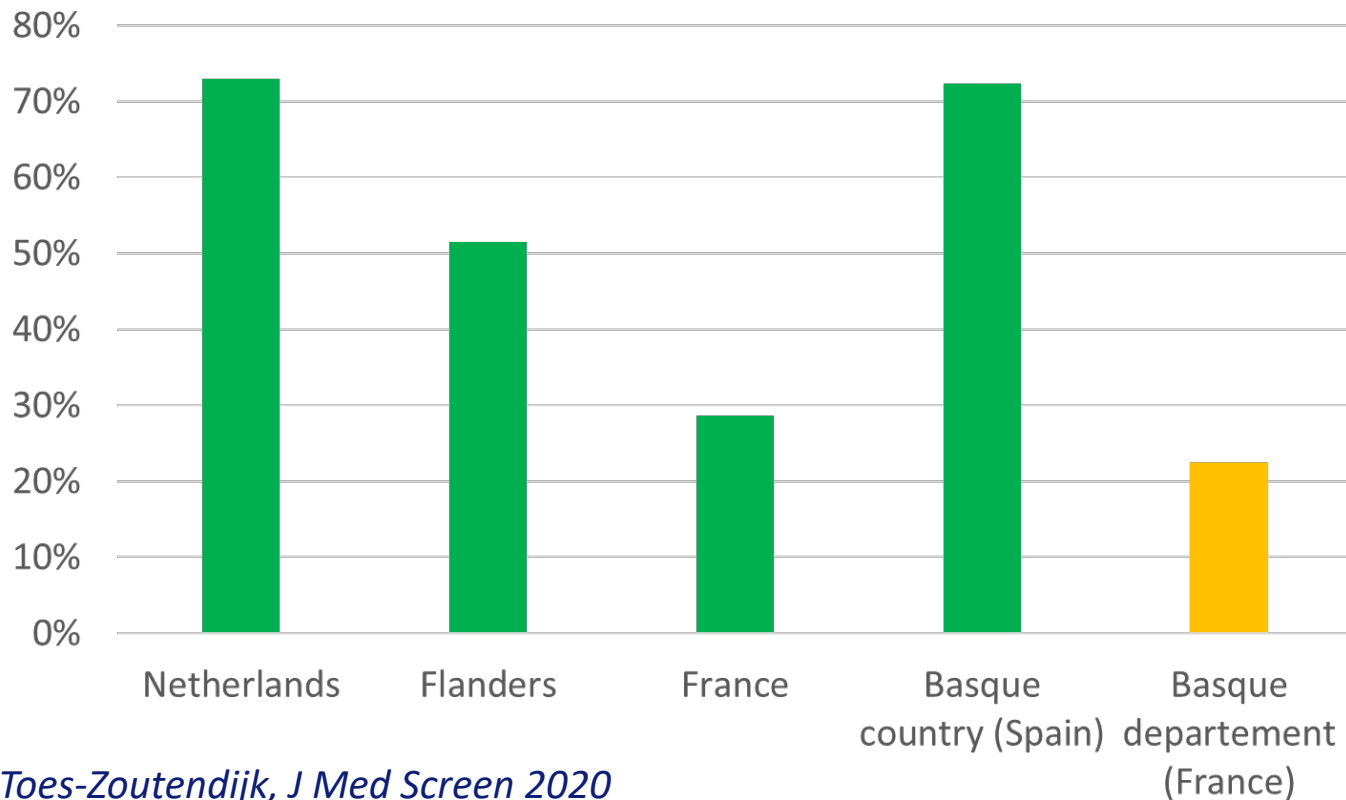
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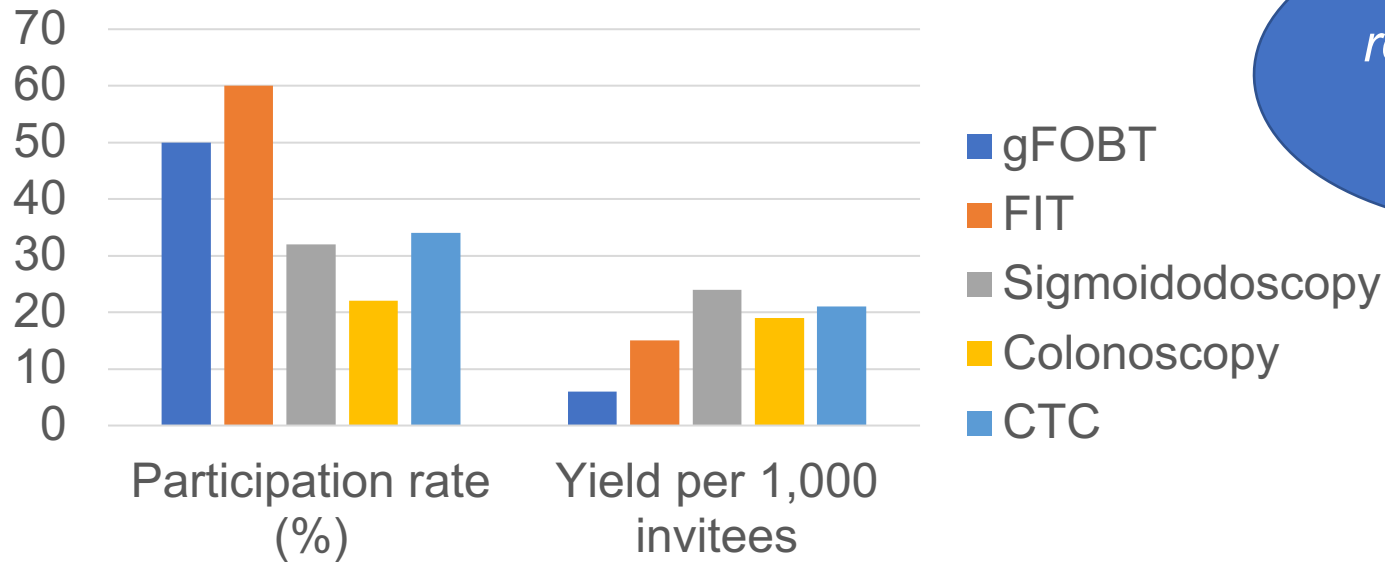
Evidence from literature

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1. (Also) use FIT

- Trials in three large cities: Amsterdam, Rotterdam and Nijmegen (2009-2014)

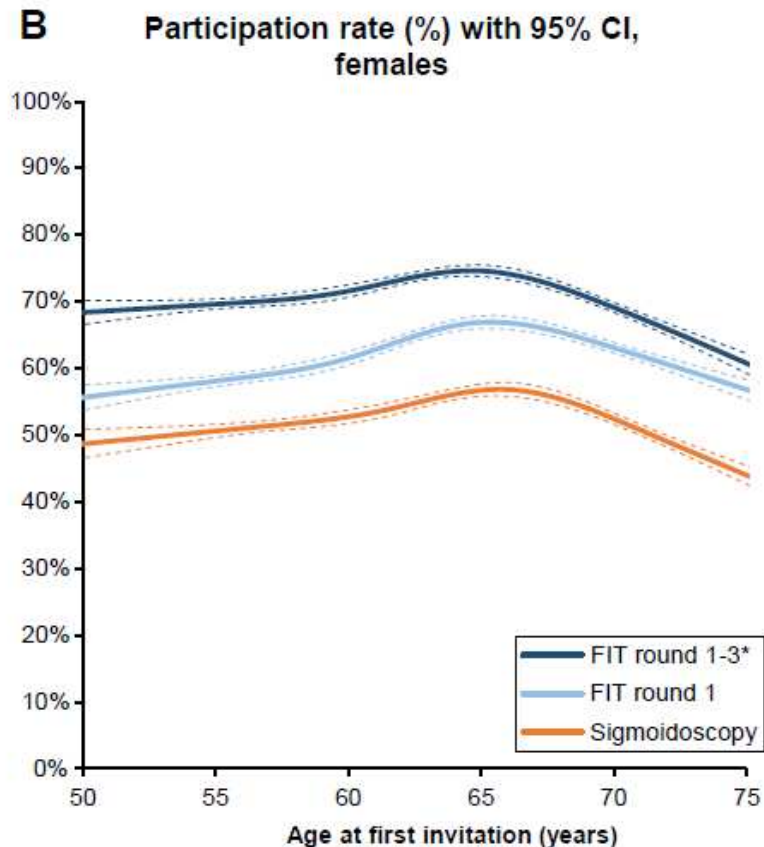
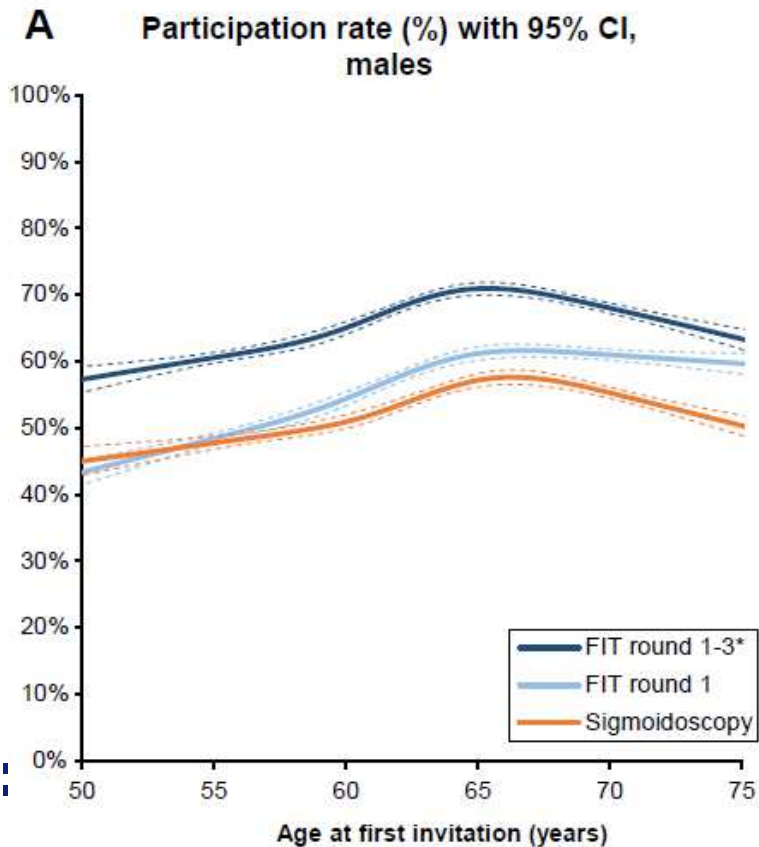


After two rounds, yield of FIT >> other tests

Hol, Gut, 2010; Stoop, Lancet Onco, 2012;

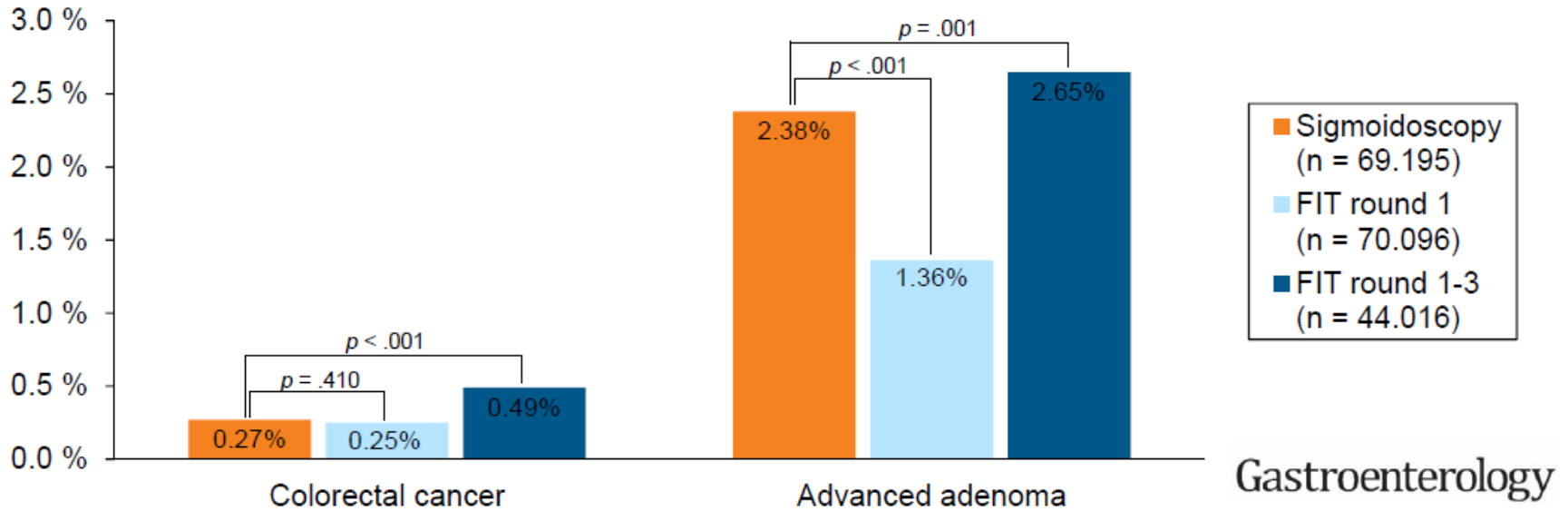
1. (Also) use FIT

Randel et al, Gastro 2021

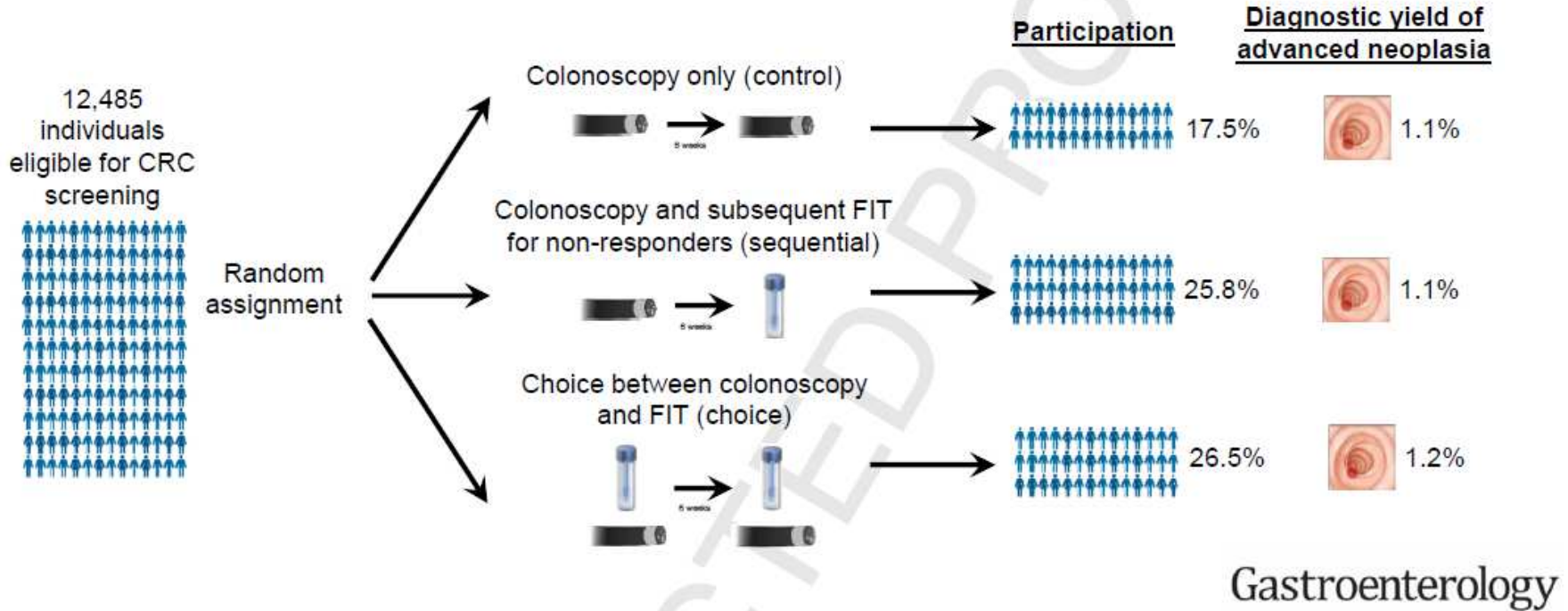


1. (Also) use FIT

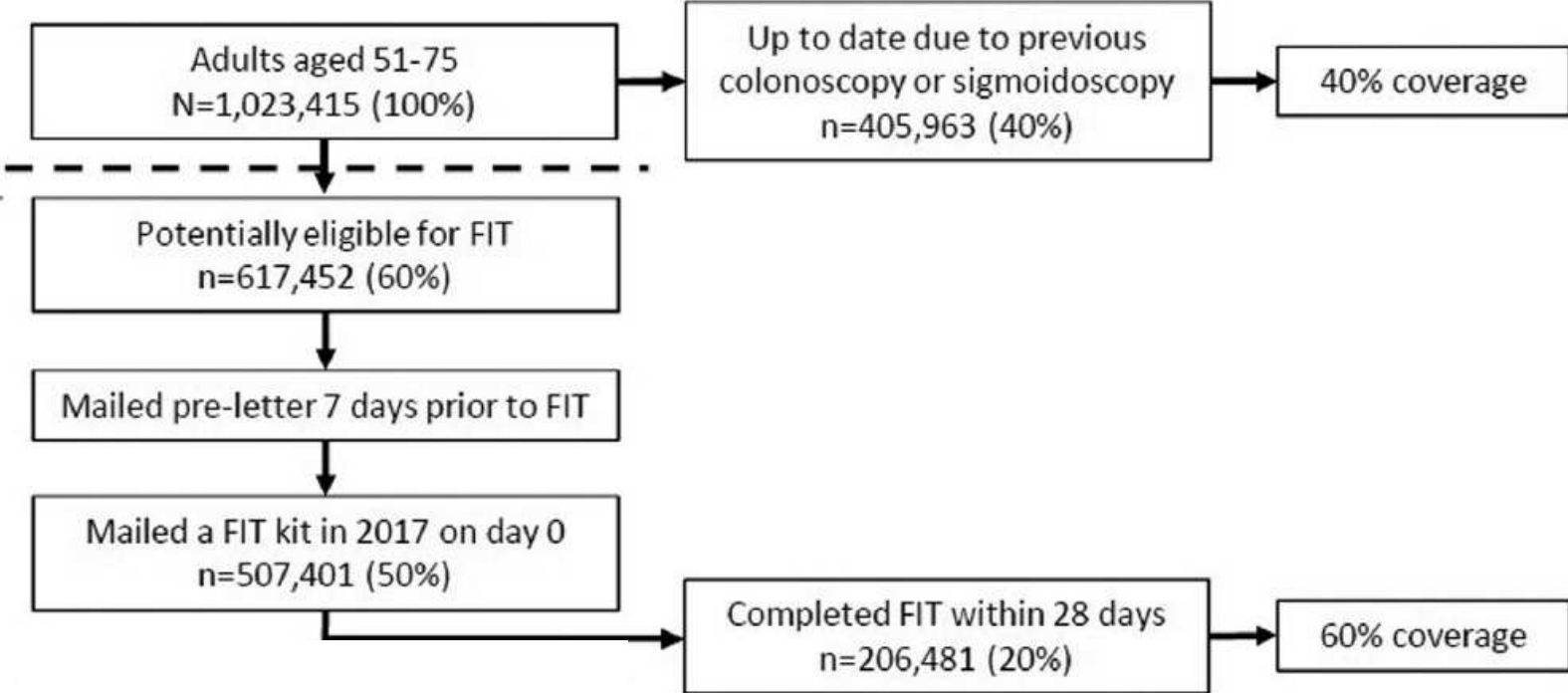
Colorectal cancer and advanced adenoma detection rates among invited individuals in the sigmoidoscopy arm, FIT round 1, and FIT round 1-3



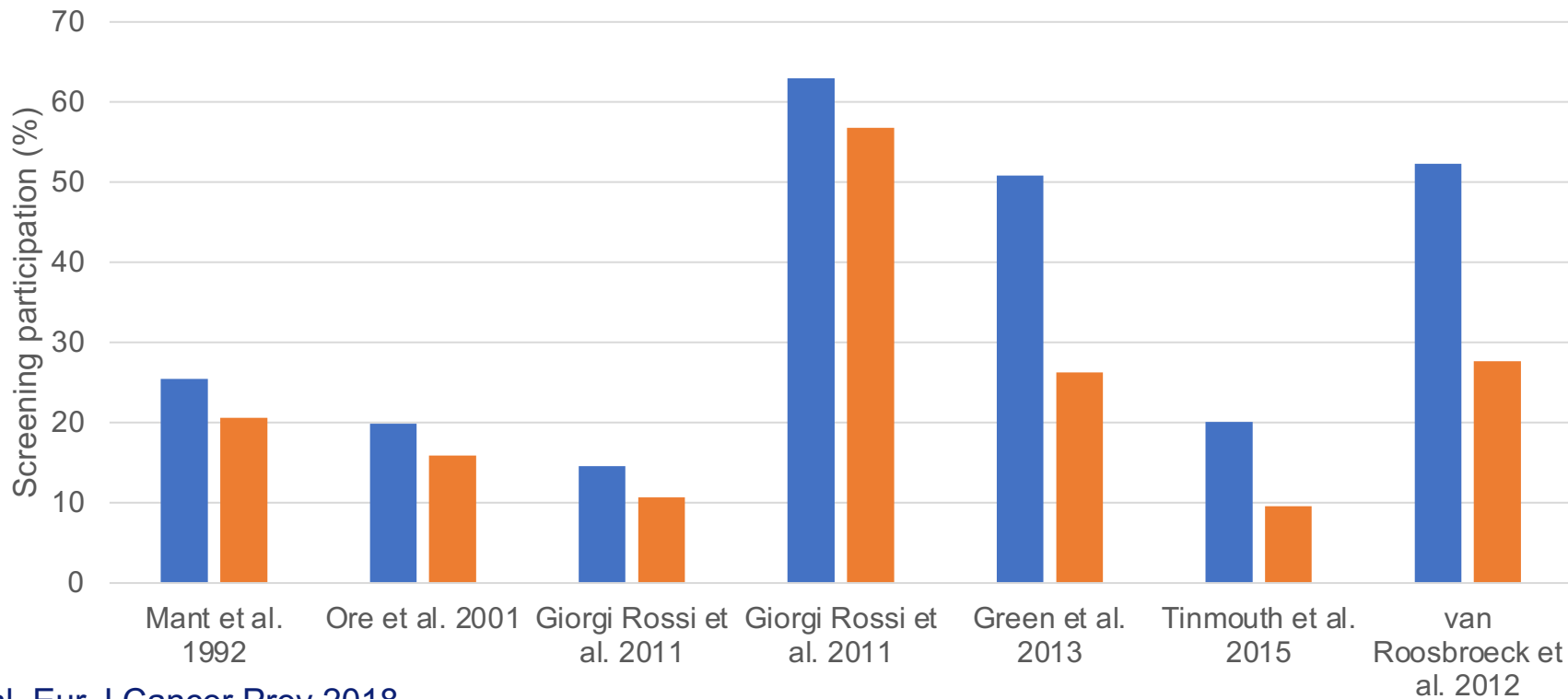
1. (Also) use FIT



2. Active invitation / mailed outreach



3. Include the FIT in the invitation

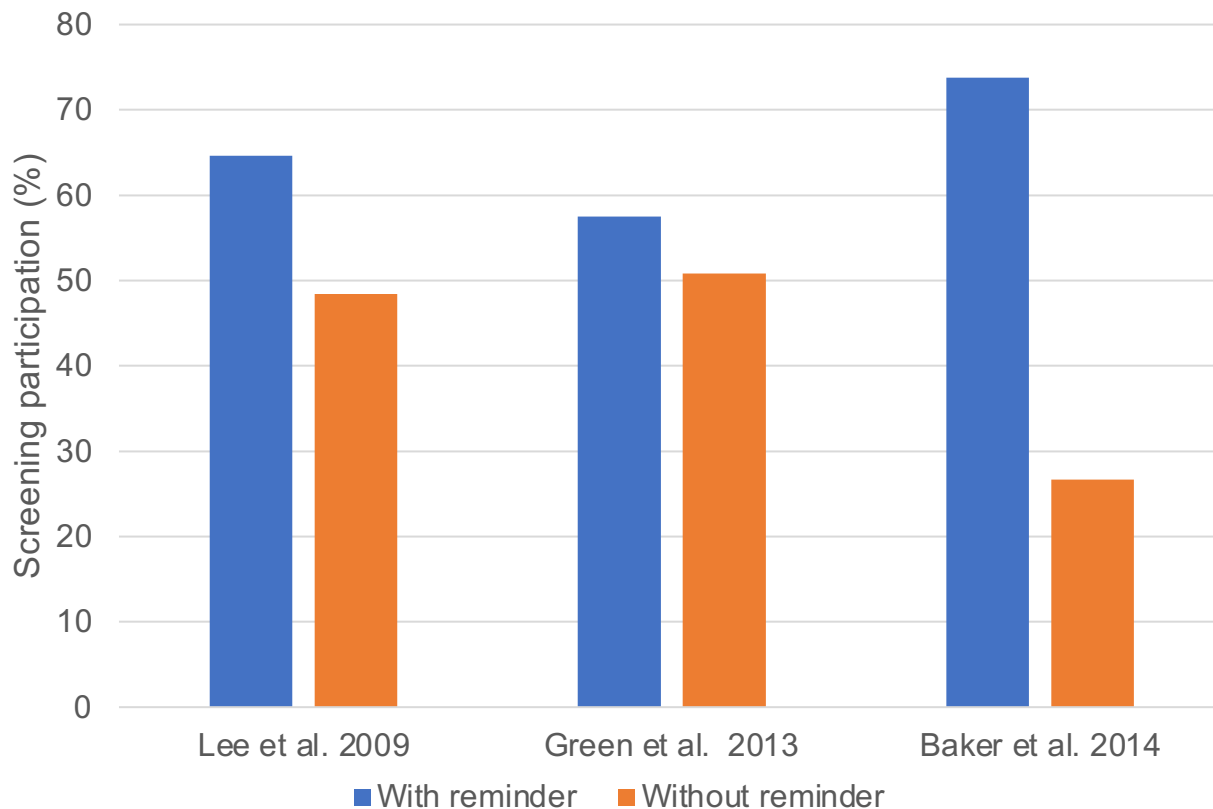


Rat et al, Eur J Cancer Prev 2018,
Van Roosbroeck et al, Cancer Epi 2012

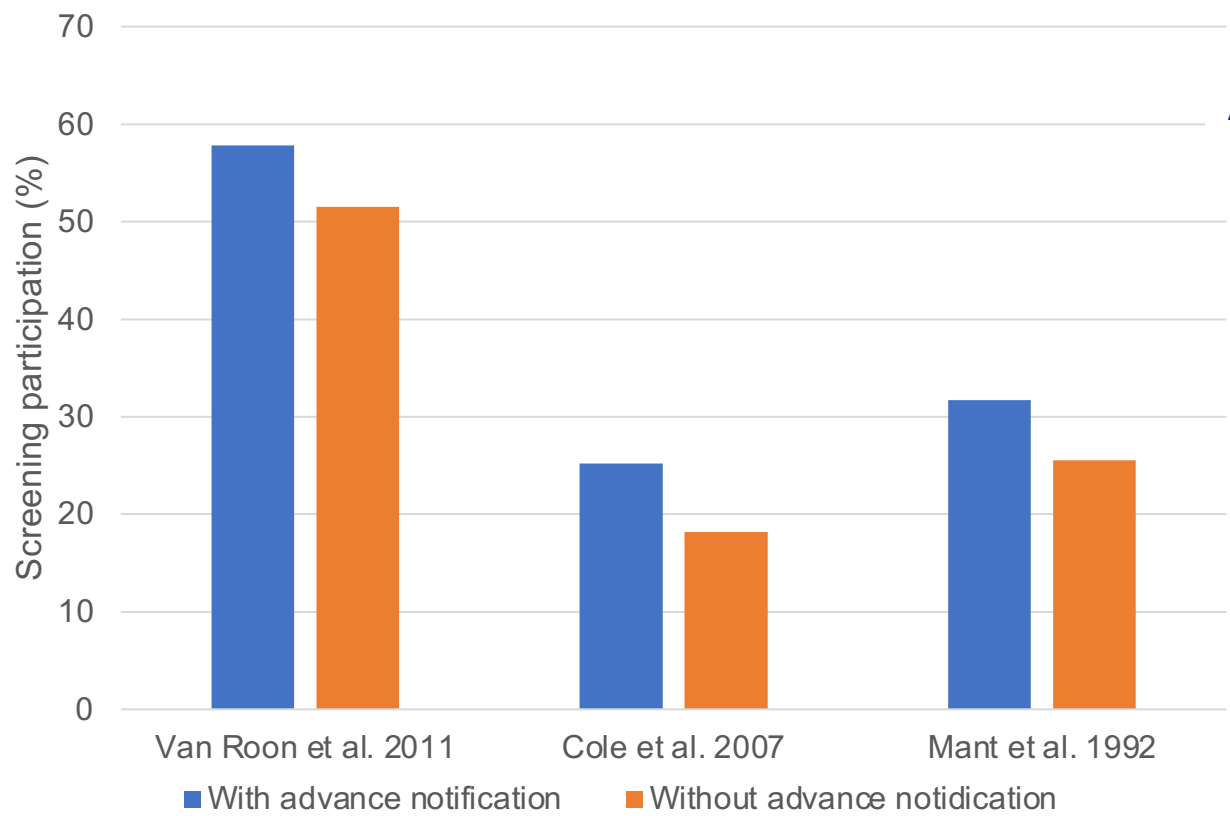
■ Including test ■ Not including test

4. Send a reminder letter

*Rat et al, Eur J
Cancer Prev 2018*



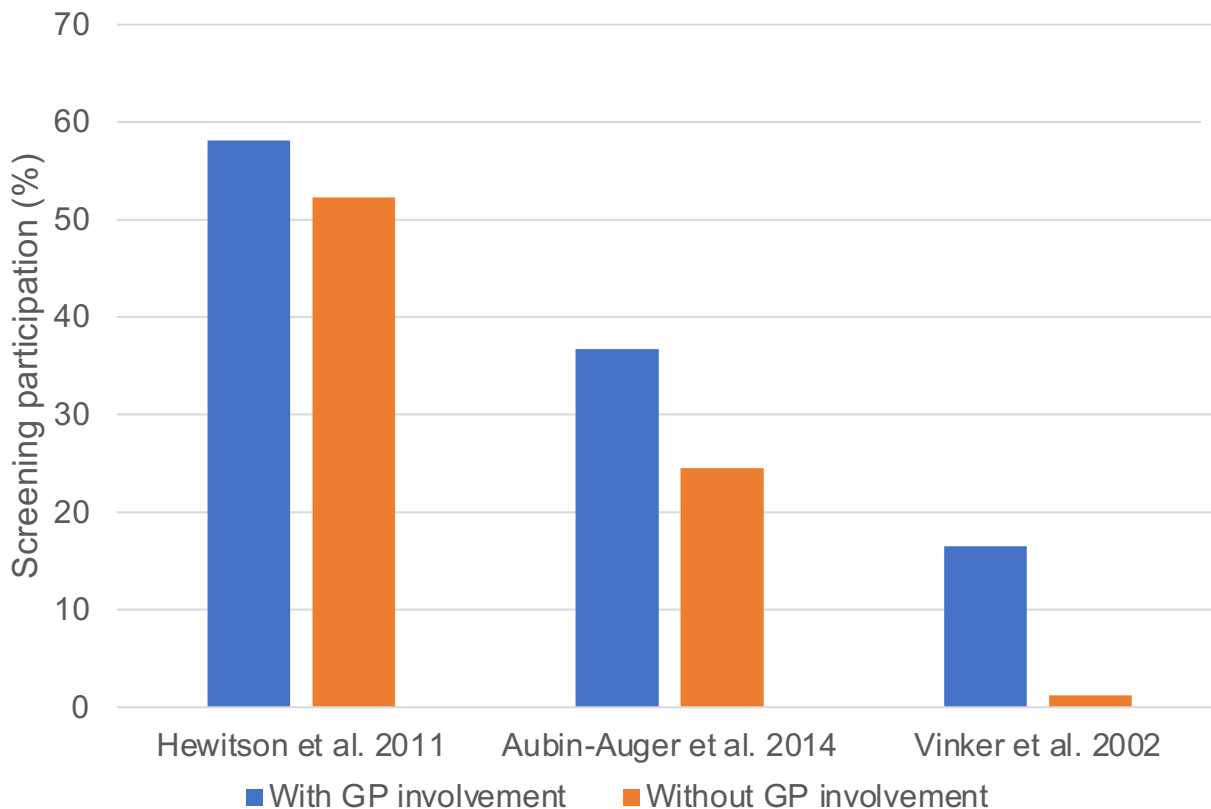
5. Send an advance notification



*Rat et al, Eur J
Cancer Prev 2018*



6. Involve GP (not to collect the test!)



*Rat et al, Eur J
Cancer Prev 2018*



Clear evidence

1. (Also) use FIT
2. Active invitation / mailed outreach
3. Include test with invitation
4. Send reminders
5. Send advance notifications
6. Involve GP (but not for collecting the test!)

But how to implement this practically?

→ Learn from each other's experience



towards improved cancer screening

Erasmus MC



Objectives EU-TOPIA

To systematically evaluate and quantify the harms and benefits of running programmes for breast, cervical, and colorectal cancer in all European countries, and identify ways to improve health outcomes and equity for citizens.

To provide national, regional, and local policymakers with expertise and tools to evaluate and quantify their cancer screening programmes.



EU-TOPIA EAST

- Refunded for 5 years, starting 2021
- Focus on Eastern Europe, but also open to other European countries
- Organize interactive workshops for participants to:
 - Build capacity for self evaluation of screening programmes
 - Exchange experiences between countries

**THANK
YOU**



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