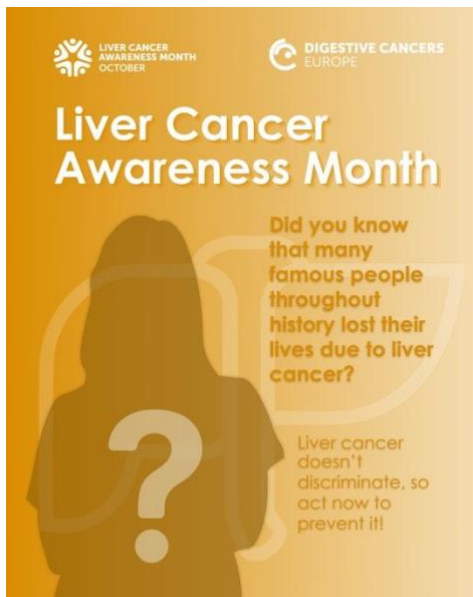
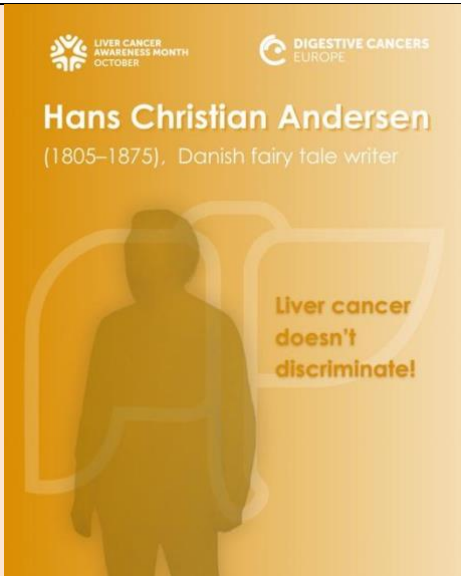
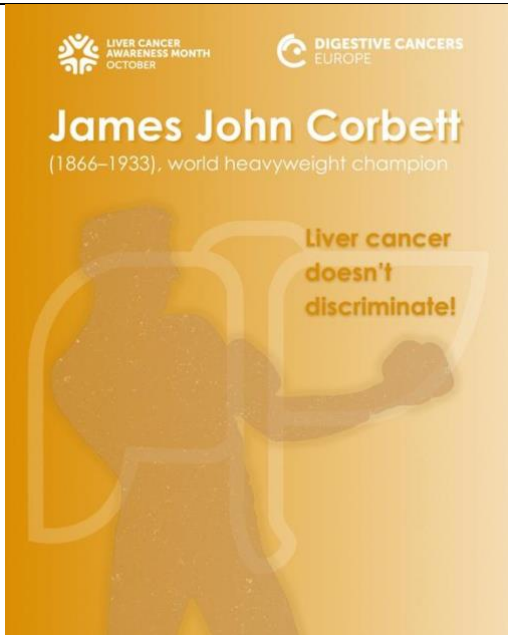


Liver Cancer Awareness Month 2025 – DiCE’s Social Media Calendar

Date	Post	Graphic	Hashtags
01/10	<p>Your liver is your body's main filter. It cleans your blood, aids digestion, and stores energy. When cancer develops in the liver, these vital functions are at risk.</p> <p>The two most common types of primary liver cancer are:</p> <ul style="list-style-type: none"> • Hepatocellular carcinoma (HCC): starts in the main liver cells • Cholangiocarcinoma: begins in the bile ducts <p>Because liver cancer often shows no clear symptoms until it's advanced, prevention and early detection are crucial.</p> <p>There are steps that should be taken in order to protect the liver, such as</p>	 <p>The graphic is a vertical poster with an orange background. At the top left is the 'LIVER CANCER AWARENESS MONTH OCTOBER' logo. At the top right is the 'DIGESTIVE CANCERS EUROPE' logo. The main title 'Liver Cancer Awareness Month' is in large white letters. Below the title is a silhouette of a person with a large white question mark on their back. To the right of the silhouette, text reads: 'Did you know that many famous people throughout history lost their lives due to liver cancer?' and 'Liver cancer doesn't discriminate, so act now to prevent it!'.</p>	<p>#LiverCancerAwarenessMonth #LiverCancer #LCAM #LiverCancerInHistory #LiverHealth</p>

	<p>getting vaccinated against hepatitis B, testing and treating hepatitis C, keeping up with regular checkups if you're at risk, maintaining a healthy weight, limiting alcohol intake, avoiding smoking, and following healthy lifestyle habits.</p> <p>This October, during Liver Cancer Awareness Month, we spotlight influential figures throughout history who have been diagnosed with this disease.</p> <p>A powerful reminder that liver cancer can affect anyone and that awareness and action drive earlier detection and better outcomes.</p> <p>For more info👉 https://digestivecancers.eu/liver-cancer-awareness-month-2025</p>		
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08/10	<p>Did you know that famous storyteller Hans Christian Andersen died in 1875 from liver cancer?</p> <p>His story shows that liver cancer can impact anyone's life, regardless of age, background, or legacy.</p> <p>While Andersen lived at a time when little was known about preventing liver cancer, today we understand that there are ways to lower your risk with every choice.</p> <p>For example, you can get vaccinated against hepatitis B, test and treat hepatitis C, keep up with regular checkups if you're at risk, maintain a healthy weight, limit alcohol intake, avoid smoking, and follow healthy lifestyle habits.</p> <p>Learn more: https://digestivecancers.eu/liver-cancer-prevention/</p>	 <p>The poster is orange and features a silhouette of a person with a speech bubble pointing to their liver area. The text on the poster includes: 'LIVER CANCER AWARENESS MONTH OCTOBER', 'DIGESTIVE CANCERS EUROPE', 'Hans Christian Andersen (1805-1875), Danish fairy tale writer', and 'Liver cancer doesn't discriminate!'.</p>	<p>#LiverCancerAwarenessMonth #LiverCancer #LCAM #LiverCancerInHistory #LiverHealth #EatHealthy #HansChristianAndersen</p>
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15/10	<p>James J. Corbett, known as the "Father of Modern Boxing," died of liver cancer in 1933, at the age of 66.</p> <p>His loss is a reminder to all of us that liver cancer knows no boundaries and can touch anyone, even world-class athletes.</p> <p>Because liver cancer often causes few or no symptoms until it is advanced, those at higher risk cannot afford to wait.</p> <p>Simple tools, such as ultrasound scans and blood tests, can catch problems early, when treatment is more effective and outcomes are far better.</p> <p>Speak with your doctor if you are experiencing symptoms such as unexplained weight loss, persistent fatigue, abdominal swelling or pain, jaundice (yellowing of the skin or eyes), or if you think you might be at risk due to conditions like hepatitis B or C, heavy alcohol use, or non-alcoholic fatty liver disease.</p>		<p>#LiverCancerAwarenessMonth #LiverCancer #LCAM #LiverCancerInHistory #LiverHealth #JamesCorbett #HighRisk</p>
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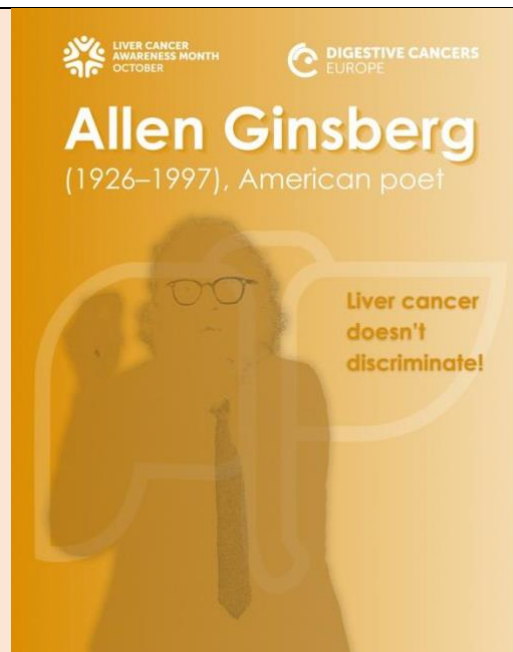
	<p>More prevention steps here: https://digestivecancers.eu/liver-cancer-prevention/</p>		
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22/10

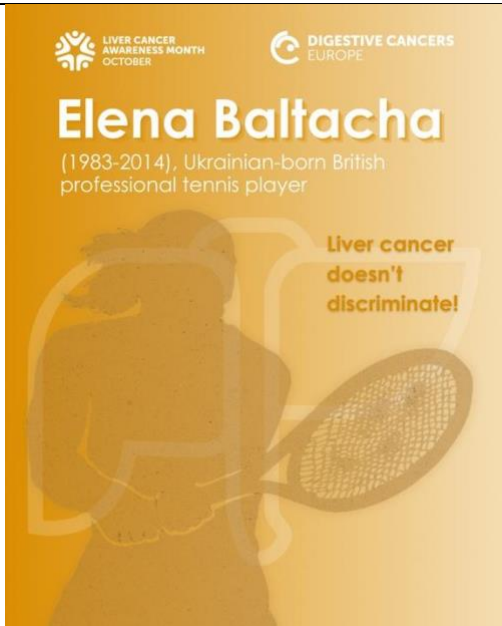
Beat poet Allen Ginsberg died of liver cancer in 1997 at age 70. A diagnosis that underscores how this disease can affect anyone, regardless of fame or background.

We now know that prevention matters, and that everyday choices, from protecting yourself against hepatitis to maintaining a healthy lifestyle, can make a real difference in lowering your risk of liver cancer.

To learn more about all the things you can do to protect your liver, visit:
<https://digestivecancers.eu/liver-cancer-prevention/>



#LiverCancerAwarenessMonth
#LiverCancer
#LCAM
#LiverCancerInHistory
#LiverHealth
#AllenGinsberg
#ReduceAlcohol
#StopSmoking

29/10	<p>Elena Baltacha, Britain's former top tennis player, passed away from liver cancer at just 30. Her story serves as a reminder that this disease doesn't discriminate based on athletic ability or gender.</p> <p>Although men face nearly twice the risk of liver cancer compared to women, with a lifetime risk of 1 in 91 for men versus 1 in 333 for women, liver cancer remains a leading cause of cancer deaths in Europe for all.</p> <p>Knowledge and prevention are key to saving lives. Find out more about how to take charge of your liver health: https://digestivecancers.eu/liver-cancer-prevention/</p>	 <p>The poster is orange and features a silhouette of a tennis player. It includes the text: 'LIVER CANCER AWARENESS MONTH OCTOBER', 'DIGESTIVE CANCERS EUROPE', 'Elena Baltacha (1983-2014), Ukrainian-born British professional tennis player', and 'Liver cancer doesn't discriminate!'.</p>	<p>#LiverCancerAwarenessMonth #LiverCancer #LCAM #LiverCancerInHistory #LiverHealth #ElenaBaltacha #gender</p>
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