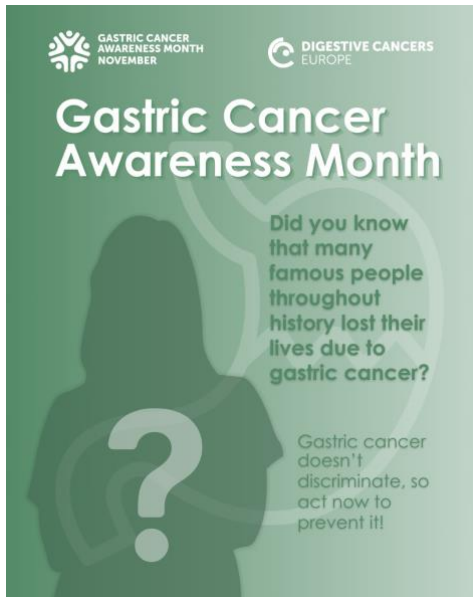
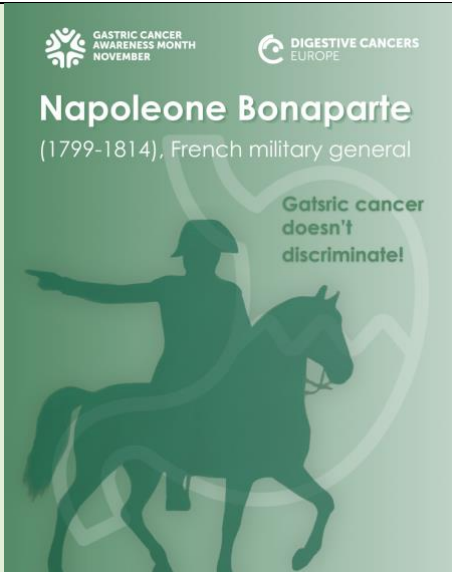
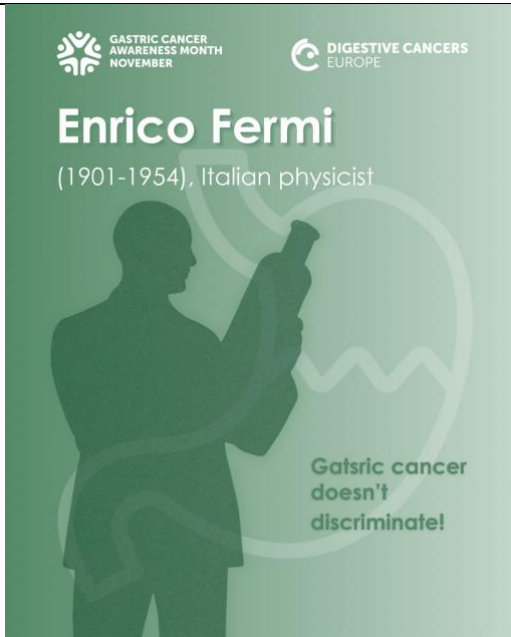


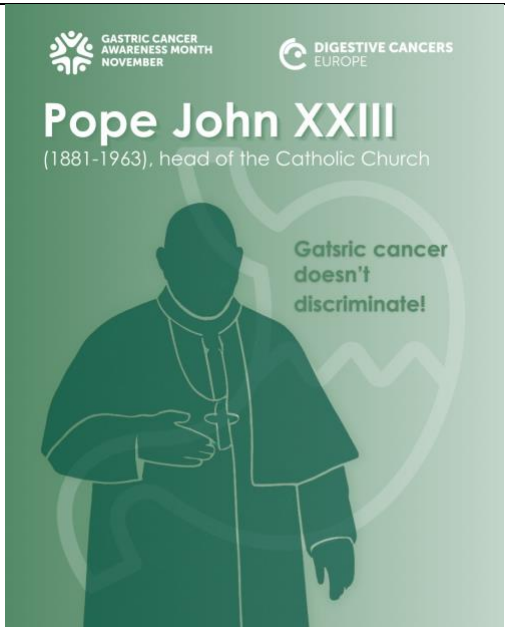
Gastric Cancer Awareness Month 2025 – DiCE's Social Media Calendar

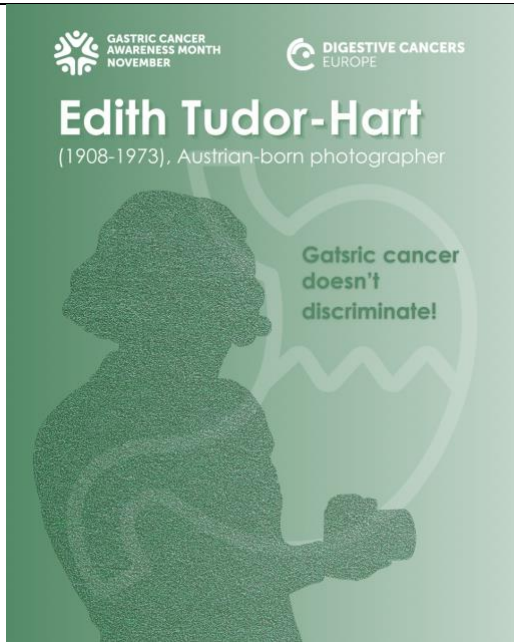
Date	Post	Graphic	Hashtags
03/11	Gastric cancer is a cancer of the stomach, the J-shaped organ in your upper abdomen that digests food. It usually begins in the inner lining (mucosa) and can spread outward as it grows. Because early symptoms are often vague or overlooked, many cases are diagnosed only once the cancer has advanced, making awareness and early action critical. Throughout history, well-known figures have faced this disease, reminding us that gastric cancer can impact anyone. This November, during Gastric Cancer Awareness Month, we highlight influential figures who have faced this illness and emphasise the importance of prevention and early detection.	 CANVA Template	#GastricCancerAwarenessMonth #GastricCancer #GCAM #GastricCancerInHistory #StomachHealth

	Learn more: https://digestivecancers.eu/gastric-esophageal-what/		
10/11	Napoléon Bonaparte died in exile in 1821 at age 51; his autopsy concluded he died from gastric cancer. A reminder that gastric cancer can affect anyone, regardless of power or position. Because most countries don't offer routine screening, it's vital that people at higher risk know the warning signs. If you have a family history of gastric cancer or other risk factors, speak with your doctor to understand your risk and learn about early detection. To know more, visit: https://digestivecancers.eu/gastric-oesophageal-cancer-prevention/	 CANVA Template	#GastricCancerAwarenessMonth #GastricCancer #GCAM #GastricCancerInHistory #StomachHealth #NapoleonBonaparte #FamilyHistory

17/11	Italian physicist Enrico Fermi died at 53 from gastric cancer. Reminding us that gastric cancer doesn't discriminate based on intellect or achievements and can affect all of us. It often develops slowly, and its early signs are easy to overlook. Persistent heartburn, bloating after meals, stomach discomfort, nausea, or frequent burping may seem minor, but if these symptoms continue or worsen, it's important to consult a doctor. Learn more: https://digestivecancers.eu/gastric-oesophageal-cancer-prevention/	 CANVA Template	#GastricCancerAwarenessMonth #GastricCancer #GCAM #GastricCancerInHistory #StomachHealth #EnricoFermi #Symptoms
-------	--	--	--

24/11	Did you know that Franz Xaver, the youngest son of the renowned Wolfgang Amadeus Mozart, died of gastric cancer in 1844? His passing shows how this illness doesn't look at fame or legacy. However, there are different small but effective daily choices you can make to lower your risk of gastric cancer. For example, reducing salt and limiting smoked or heavily processed foods helps protect the stomach lining. Learn more: https://digestivecancers.eu/gastric-oesophageal-cancer-prevention/	 CANVA Template	#GastricCancerAwarenessMonth #GastricCancer #GCAM #GastricCancerInHistory #StomachHealth #Mozart #EatHealthy #ReduceSalt
-------	--	--	--

26/11	Pope John XXIII was diagnosed with gastric cancer in 1962 and died eight months later, in June 1963. Reminding us that gastric cancer can affect anyone, regardless of position or status. Gastric cancer can progress rapidly, which is why everyone should be aware of the risk factors and take action early. One of the factors that might influence the likelihood of developing gastric cancer is an untreated infection with <i>Helicobacter pylori</i>. Testing and treatment are effective ways to protect your health. Learn more: https://digestivecancers.eu/gastric-oesophageal-cancer-prevention/	 CANVA Template	#GastricCancerAwarenessMonth #GastricCancer #GCAM #GastricCancerInHistory #StomachHealth #PopeJohnXXIII #Hpylori
-------	--	--	---

30/11	Edith Tudor-Hart, an Austrian British photographer, died of gastric cancer in 1973. Her story serves as a reminder that this disease does not discriminate based on gender or artistic abilities. While men have a higher lifetime risk, about 1 in 91, women are also affected, with around 1 in 200 facing the disease. So, gastric cancer impacts both genders, and no one is immune. Detecting the disease early can improve your chances of treatment and survival. So, you can reduce your risk of gastric cancer by learning more about how to prevent it: https://digestivecancers.eu/gastric-oesophageal-cancer-prevention/	 CANVA Template	#GastricCancerAwarenessMonth #GastricCancer #GCAM #GastricCancerInHistory #StomachHealth #EdithTudorHart #gender
-------	---	--	---